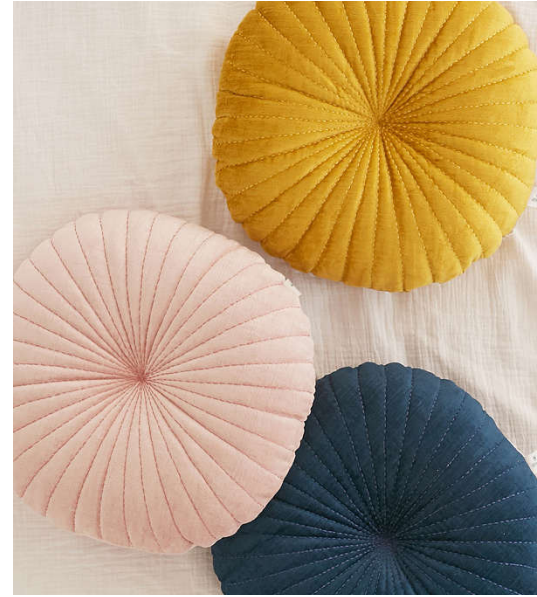


Mommy R+R 2017 Holiday Guide

The Greatest Wealth Is Health



Yoga Bag & Mat | FitBit | Meditation Pillow

Iona Gym Bag and Yoga Mat by Laura Ashley | \$80 / \$78

Gym bag w/ yoga mat holder are sold separately. LauraAshleyUSA.com | [Buy Now](#)

Fitbit Charge 2 Heart Rate + Fitness Wristband by Fitbit | \$148.95

Track all-day activity like steps, distance, calories burned etc. [Amazon](#) | [Buy Now](#)

Shelly Round Velvet Pillow by Urban Outfitters | \$39

Vintage-inspired plush round velvet pillow. UrbanOutfitters.com | [Buy Now](#)